## NOW LOOKING FOR:



DEDICATION

You can always tell who the strong women are. They are the ones you see building one another up instead of tearing each other down.





## A group solely dedicated to the women of the PFD. All are welcomed !

## <u>Mission</u>

To build connections, encourage and empower one another.

## Physical Activities:

- Hikes
- Sports

Other Activities:

- Socials
- Arts & Crafts
- Dancing
  Brunch dates
- Obstacle Course Race Volunteer work

