



April 11, 2026

Three Logan Square| Philadelphia, PA

ClimbPhiladelphia.org

2026 Greater Philadelphia Firefighter Challenge

Join us for our 2026 Greater Philadelphia Fight For Air Climb Firefighter Challenge on Saturday, April 11, 2026, at Three Logan Square. Our Firefighter Challenge offers individual and team awards, along with participation categories including firefighters in full-gear, helmets & packs only. **Use discount code HERO26 for \$15 off registration. Sign up today at www.fightforairclimb.org/Philadelphia.**

The Impact of Lung Disease on Firefighters & First Responders



The mission of the American Lung Association hits close to home with firefighters because of their increased susceptibility to lung disease.

- Respiratory diseases remain a significant health issue for firefighters and emergency responders
- In the line of duty, firefighters may experience occupational exposure to gases, chemicals, particulate and other substances with potentially damaging short- and long-term effects on the respiratory system
- Firefighters and first responders are at a higher risk to develop chronic issues, including lingering cough, hoarseness, asthma, and allergies in more extreme cases, may be diagnosed with lung or bronchial cancer.

2026 Greater Philadelphia Firefighter Challenge

To create comradery and a friendly competition, we are offering a few ways to Climb with your department while competing for team and individual fire & first responder awards.

Regular Firefighter

Regular Firefighters will climb 50 floors at Three Logan Square (1088 steps approx.).

Registration: \$35

Fundraising Minimum: \$100

Categories:

- Full Gear
- Modified Gear: Helmets & Air Packs only

First Responder

First Responders (military, police, EMS, firefighters no gear) will climb 50 floors at Three Logan Square (1088 steps)

Registration: \$35

Fundraising Minimum: \$100

Categories:

- No Gear Firefighter
- No Gear Junior / Explorer
- Military, Police, EMS

Reminder for 2026: Join our “Helmets & Air Packs” Only Challenge! This is a safe alternative for those firefighters hoping to protect themselves against further occupational exposure from cancer-causing chemicals in turn-out gear. Participants in this category will wear only their helmet and an air-pack without their jacket or bunker pants!



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Gear Requirements

- **Full-Gear:** Each firefighter wearing full-gear is required to use Personal Protective Equipment (PPE) which meets current NFPA structural firefighter standards. Required gear includes boots, bunker pants, coat with liners intact, gloves, helmet and an air tank. No tools will be allowed on the course.
- **Modified Gear - Helmets & Packs Only:** Each Helmets & Packs participant is required to use gear which meets NFPA structural firefighting standards. The only required and accepted gear for this category is helmet and air tank. Tanks are not required to be filled.

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The Firefighter Challenge awards are meant to create friendly competition and comradery amongst our firefighter participants. We try to offer as many participation options as possible. The Lung Association staff reserves the right to change awards categories and rules based on the number of participants in any given category.

Team Awards: To qualify for team awards, you must have a minimum of FOUR participants competing in the same category (i.e. four firefighters participating in full-gear AND on-air to qualify for those awards, etc.). For teams with more than four participants in the same category, only the four fastest times will count towards the teams' average time. **The John Narkin Award will be awarded to the top fundraising firefighter.**

We will only offer team awards to categories where TWO or more teams exist with a minimum of four participants on each team. If only one team exists within a category, we will not offer team awards for that category. You will still qualify for individual awards if your team does not qualify for team awards in any category.

Register Today!

Take \$15 off your registration by using code
HERO26

More Information

For more information, visit our "Firefighter Challenge" tab ClimbPhiladelphia.org or contact Felice Kelem at 610.235.2513 or Felice.Kelem@Lung.org