



Dollars raised through this event support local research, education and advocacy. Visit www.lung.org/research to learn more about the funding in Philadelphia

50 Floors/1088 Steps

Please join us in climbing on **March 28, 2020**At Three Logan Square





Why We Climb

This year the Philadelphia Fire
Department is once again climbing in

THANK YOU!!!		
Cadet Class 195	Engine 57- "The Battleship"	Ladder 16- "This Old House"
Engine 60/ Ladder 19 / HAZMAT 1	Engine 05, Ladder 06	Engine 28
Engine 45, Ladder 14, Medic 25	Engine 40, Ladder 04, Medic 19	Engine 78, Medic 30

solidarity for Battalion Chief John Narkin, Battalion 01. Chief Narkin was diagnosed with stage 4 lung cancer in 2017 and he has been battling more than fires ever since. It is our hope that every firehouse in the city is represented at the stair climb to raise awareness to the occupational respiratory hazards that firefighting contributes to.

How to Register

Go to: https://action.lung.org/site/TRR?pg=tfind&fr_id=18794&skip_login_page=true

To search for your firehouse/unit:

Launch the web link above. Select the dropdown box under "Team Company", select "Philadelphia Fire" and select "Search for team". If you see your firehouse/unit, select "Join Team" and follow the directions immediately below this section to register as a participant. If you do not see your station or unit, you must create one by following the directions further down on this page under the "Creating a New Station Team" section.

- If you plan to climb in full turnout gear, choose your participant type as "Firefighter" if you are a firefighter, or "Other Responders" (EMT, EMS, Military) if you are a Paramedic or EMT. Select "Climber" if you plan to climb without wearing your turnout gear.
- 2. Fill out the remainder of the required questions and agree to the terms.
- 3. Start recruiting for your team!

Don't Miss Out on Free Registration (\$25 value): The American Lung Association is offering free registration, courtesy of a donation from Holman Automotive, to **100 firefighters**. Enter **"HERO"** in the discount code box to take advantage of this opportunity!

Creating a New Station Team:

- 1. Go to: https://action.lung.org/site/TR?pg=informational&fr_id=18794&type=fr_informational&sid=9151
- 2. Choose Register as a Team Captain
- Login:
 - A). New participant: Select "Continue Registration" under the New Participant Registration section
 - B). Returning participant: Enter your login credentials (this can be emailed to you if you forget it) under the *Returning Participant Login* section
- 4. Fill in your <u>team name</u> (Include ALL Engines/Ladders/Medic Units/Chiefs/ Etc. assigned to firehouse, each separated by a comma; e.g. Engine 41, Ladder 24, Medic 23)
- 5. Create a fundraising and participant goal. Keep in mind that all participants must raise a **minimum of \$100 each**. Therefore, if you plan to recruit 4 members for your team your goal should be at least \$400.
- 6. Under team company choose Philadelphia Fire
- 7. Under <u>team division</u> choose **First Responder**
- 8. Select "Next Step"
- 9. Follow directions at the top of this page complete registration

Family, Friends and Fundraising:

Fundraising for the ALA helps support lung health research, patient education and public policy efforts. This is why the top fundraising team for the Philadelphia Fire Department will receive a fully catered lunch as a prize for your efforts!

Family and friends are welcome to participate on our teams; they will just need to register as a "Climber" when following the registration directions above. Children must be at least 07 years of age by the day of the climb.

<u>Want to fundraise only, and not climb?</u>: If you have a family member or friend who would like to fundraise for your team, but not climb they should complete the registration as outlined above and register as a "Virtual Climber".

<u>Want to donate only?</u>: Make a donation to any participant or team under the Philadelphia Fire Department by going to: https://action.lung.org/site/TR?company id=82214&fr id=18794&pg=company.

Are You Ready for the Challenge?

The Fastest Philadelphia Firefighters Team Challenge:

For the second time ever, your firehouse/unit will have the opportunity to compete head-to-head in climbing the stairs at 3 Logan Square in full turnout gear in a competitive climb-for-time challenge. The team with the lowest overall average time will take hold of the top-team traveling trophy. Challenge teams will consist of a minimum of 4 participants for each team. This is your chance to take a hold of the trophy from 2019's top team: PFD Cadet Class 195!! More information about the *Fastest Philadelphia Firefighters Challenge* will be communicated closer to the event start date!

The First Responder Team Challenge:

Firehouses/units have the option of creating a minimum 4-person team to climb the stairs as fast as possible without turnout gear, competing against other first responder teams from the PFD and the surrounding tri-state area. First Responder Challenge teams consist of a minimum of 4 participants, with the option to have more than 1 team per firehouse/unit. More information about the *First Responder Challenge* will be communicated closer to the event start date!

Day of Event Details

Time Schedule: 07:30 --- Registration

08:00 --- Opening Ceremony 08:30 --- Climb Starts

09:00 --- After Party Starts

Location: 3 Logan Square, Philadelphia PA 19103

Click Here for Google Map Location: https://goo.gl/maps/eScVPttzY15RzaRq9

Parking: 5\$ all day parking is available to climb participants at 1717 Cherry Street. Ask for a parking voucher when you arrive at the registration desk the day of the climb.

After Party: After the climb, join us at City Tap House at Two Logan Square for light refreshments (bagels, pastries and fruit) and drink specials. Please keep your bib in order to enjoy the complimentary refreshments, and other fundraising prizes. Family and friends **cannot** be at the top of the tower but can watch you finish LIVE at City Tap House beginning at 9 a.m. The awards ceremony will take place shortly after the last climber finishes.